

Bruce Turkel - Sentence Completion

This 2022/2023 Planner Belongs To



My “Thanks” go to Karen Hirschfeld for this wonderful exercise.

The essence of the sentence completion technique is to elicit responses by prompting you with incomplete sentences. Most sentence completion stems begin with ‘One of...’ to encourage open thinking and to separate each response.

Write/type **as many endings** for the sentence stem as you can - The only criteria being - does it make grammatical sense?

Resist one-word answers and remember you’re not looking for ‘right’ or impressive answers just your spontaneous reflections. Shoot for about 4-6 responses per stem.

Reminder: No need to do this all-in-one go – you will no doubt have several responses to each question. I suggest you do the exercise, put it aside, and return to it (possibly several times) ...

2022 Completions

Good things that happened in 2022 were...

1

2

3

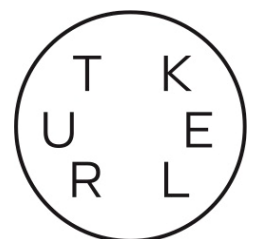
One of the things I won't be sorry to say goodbye to is...

One of the things I feel I learned in 2022 was...

One of the blessings of 2022 was...

One of my accomplishments that I'm proudest of in 2022 is...

As I say goodbye to 2022, I feel...



2023 Thoughts and Preparations

Good things I'm hoping for in 2023...

1

2

3

2023 will likely be the year I...

One of the ways I'll measure success in 2023 is...

One of the things I wish myself is...

One of the ways I can support my efforts is by...

One of the first steps I need to take in the new year is...

